

2026





Shelter Health Network

SHN

Clinic locations are listed at the beginning and at the end of the monthly calendar.
Download this calendar in PDF or view it in full screen by clicking the icon.

JANUARY

2026



Important Announcement

SHN Head Office Relocation



Please note that as of **October 6, 2025**, the Shelter Health Network **(SHN)**
Head office is located at the following address:

 **370 Main St E., Hamilton, Ontario, L8N 1A2**
(2nd Floor)

Our phone, fax, and email will remain the same:

 Phone: **905-526-7137**

 Fax: **905-526-7969**

 Email: **admin@shelterhealthnetwork.ca**

Office hours: **Monday to Friday, 9:00 AM – 4:00 PM**

 Please note: **We will no longer be seeing clients at 850 King St E. From October 6, 2025.**

Thank you for your attention and support during this transition!



Temporary Relocation of Footcare Clinic

Please note that the **Footcare Clinic** will be temporarily relocated to:

10 Pearl St N Hamilton, ON L8R 2Y8

Phone: 905-777-8801

Mike Spoljar will continue as the **Footcare Specialist** during this period.

If you have any questions or concerns, please don't hesitate to contact us.

Our phone, fax, and email will remain the same:

📞 Phone: 905-526-7137

📠 Fax: 905-526-7969

✉️ Email: admin@shelterhealthnetwork.ca

Thank you for your understanding!

CLINIC LOCATIONS

- Barrett Centre (crisis support) 128 Emerald St. ** 24/7 Crisis Line 905-529-7878
- CMHA (Canadian Mental Health Association): 131 John St. S. **appointment only
- Cathedral: 387 Main St. E. (Please enter from Emerald St. Doors **Walk-in
- Dorothy Day Place: 35 Arkledun Avenue
- GSAC (Good Shepherd Men's Centre - Men's shelter): 135 Mary St. **Walk-in
- GSWS (Good Shepherd Women's Services - Women's Shelter): 30 Pearl St. N **appointment only
- 250 Hess St. N - Tiffany and Barton- Tiny Homes.
- Indwell:
 - Parkdale Landing - 205 Melvin Avenue *by appointment
 - Strathearne Suites – 311 Strathearne *by appointment
- Mission (Mission Services): 400 King St E **walk-in
- MASH - 595 Main St E. Hamilton
- Notre Dame (Notre Dame House - youth shelter and outreach): 14 Cannon St. W **Walk-In
- Salvation Army Booth Centre (Men's Shelter): 94 York Blvd. **walk-ins
- **SHN Clinic (Shelter Health Network): 370 Main St. E. 2nd. Floor (temporary) **Appointment only (HEAD OFFICE)**
- The Hamilton Clinic (Methadone clinic) 200 Main St. E (lower level). **Walk-in
- The HUB- Walk- In-Tuesday to Friday 1-4 PM - 21 Rebecca St.
- Vanier Towers 95 Hess St South, room 108 **Walk-in
- Womankind Addiction Service - 431 Whitney Ave, Hamilton
- WSCU (Wesley Special Care Unit): 467 Main St E. Hamilton, ON L8N 1K1
- Willows - 196 Wentworth Street N. **Walk-in
- Youth Wellness Centre- Youth Wellness Centre: 38 James St S **walk-in
- YWCA- 75 Mc Nab St N
- YMCA - 79 James St S. W/I

		THURSDAY JANUARY 01	FRIDAY JANUARY 2
AM		GSWS (9AM-12M) Dr. Bana	Dr. Kerry Beal @ Missions (W/I) (9-12)
		Cathedral (9-12:30PM) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Indwell (9-12) Dr. Allaby	Hep C Team @ Womankind 930AM
		CMHA (9-12) Dr. Saeed*	
		GSMC (9-12:30) Dr. Vona W/I	
		NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street
		Hep C Team @ Cathedral Cafe 9:30am and Willows Place. 10:00 AM	
			NP Susan Cooke- RAAM @ GSMC 9-12
PM		YWC Youth Wellness Centre: 1-4 PM, Huang	
		GSMC (1-4pm) Streith W/I	Hep C Team @ St. Patrick's 12-2:30
		CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick's 12-230 Street
		FOOTCARE- 10 Pearls Street (1PM-4:30PM) Spoljar *	Dr. Bullock @ Notre Dame (1-4) *youth only*
		Willows (1-4PM) Dr. Allaby	
		NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
		The Hamilton Clinic (1-4pm) Dr. Vona W/I	Vaccines- Dr. Kerry Beal Team @St Patt's Church 12:30-2:30PM
		The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
		YWCA (1-4) Dr. Yuanyi Song. W/I	
		Vanier (1PM – 3PM) Dr. Crombie W/I	

Monday January 5		Tuesday January 6	Wednesday January 7	Thursday January 8	Friday January 9
NP Hallie Streith @ GSMC (8AM-12PM)		MASH (9AM- 12:30PM) Dr. Rocci		GSWS (9AM-12M) Dr. Agarwal	Dr. Kerry Beal @ Missions (W/I) (9-12)
Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)		Wayside (9AM – 12PM) Dr. Sergeant	GSMC (8am-12pm) Streith W/I	Cathedral (8am-12pm) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (9am-12pm) Dr. Vona W/I			
A M	Hep C Team @ Mission Services 10 AM	Cathedral (8AM-12PM) Streith W/I	Womankind (9-12pm) Bullock *For Residents at Womankind	Indwell (9-12) Dr. Allaby	
		WSCU (9AM-12PM) Dr. Sender		CMHA (9-12:00M) Dr. Saeed*	
				Dr. Kerry Beal @ YMCA (W/I) (9-12)	
	NP Susan Cooke- RAAM @ Mary's Place 9-12	GSWS (9AM – 12PM) Dr. Del Bel Belluz	TCHC (9:30AM- 1:00PM) Dr. Kahlon	GSMC (9-12:30) Dr. Vona W/I	
		CMHA Street Team (8AM-12M)- 541 Barton St. and Encampments 1PM-4PM	HEP C Team: HRIC : Cathedral Cafe . 10 am Willows Place	NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street
		Dorothy Day (9:00AM –12M) Dr. Crombie		Hep C Team @ Cathedral Cafe 9:30am and Willows Place. 10:00 AM	
		Hep C Team - 10-12 PM Positive Health Network	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)		NP Susan Cooke- RAAM @ GSMC 9-12
	Health on Wheels (10 am -1 PM) . Busche W/I	NP Susan Cooke- RAAM @ Willows Place 9-12		YWC Youth Wellness Centre: 1-4 PM, Huang	
	NP Hallie Streith @ GSMC (1PM-4PM)	CMHA (1PM-4PM) Dr. Busche *	Notre Dame (1-4pm) Streith ** Youth Only	GSMC (1-4pm) Streith W/I	Hep C Team @ St. Patrick's 12-2:30- Club Hamilton
		GSMC (1PM-4PM) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMH	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick's 12-230 Street
P M	NP Susan Cooke -RAAM @ Community 1-4PM	CMHA Street Team (8AM-1PM)- 541 Barton Street	Salvation Army (5-9PM) Spoljar W/I	<u>INCOME CLINIC-12:30-4:30PM.</u> <u>DBHSC 100 Main St. W (2nd floor)</u>	Dr. Bullock @ Notre Dame (1-4) *youth only*
	Hep C Team. @1PM Urban Core 1-3pm	The Hamilton Clinic (1-4pm) Dr.Vona		Willows (1-4PM) Dr. Allaby	CMHA Street Team (8AM-12M)- 541 Barton Street
	Dr. Vona @ Salvation Army (W/I) (1-4PM)	SHN Clinic (1-4PM) Dr. Saeed* New location	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
		NP Susan Cooke- RAAM Community	GSWS (1-4pm) Dr. Meghani	The Hamilton Clinic (1-4pm) Dr. Vona W/I	Vaccines- Dr. Kerry Beal Team @St Patt's Church 12:30-2:30PM
	Public Health Nurse @ The HUB (1-4)	The HUB (1PM-4PM) Dr Huang. J. W/I	The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
		Vanier (1PM – 3PM) Dr. Crombie W/I		YWCA (1-4) Dr. Yuanyi Song. W/I	
		YWCA (1-4) Dr. Yuanyi Song. W/I		Vanier (1PM – 3PM) Dr. Crombie W/I	

Monday January 12		Tuesday January 13	Wednesday January 14	Thursday January 15	Friday January 16	
A M P M	NP Hallie Streith @ GSMC (9-12)	MASH (9AM- 12:30PM) Dr. Rocci	GSMC (8am-12pm) Streith W/I	GSWS (9AM-12M) Dr. Bana	Dr. Kerry Beal @ Missions (W/I) (9-12)	
	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)	Wayside (9AM - 12PM) Dr. Sergeant			Dr. Bullock @ Womankind (9-12) *residents only*	
		Mission (9AM- 12PM) Dr. Vona W/I	Hep C Team-@ 930 Cathedral Cafe- 10 AM Willows Place			
	Hep C Team @ Mission Services & Dorothy Day @10AM	Cathedral (9-12:30) Streith W/I			Hep C Team @ WomanKind 930am	
		WSCU (9AM-12PM) Dr. Opie			CMHA (9-12:00M) Dr. Saeed*	
					Dr. Perrine Tami @ YMCA (W/I) (9-12)	
	NP Susan Cooke- RAAM @ Mary's Place 9-12	GSWS (off) Dr. Del Bel Belluz			GSMC (9AM - 12PM) Dr. Vona W/I	
		CMHA Street Team (8AM-12M)- 541 Barton St. and Encampments 1PM-4PM	Womankind (9-12pm) Bullock *For Residents at Womankind	NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street (Alex/Mike)	
	TCHC (9:30AM- 1:00PM) Dr. Kyla Sorensen*	Dorothy Day (9:00AM -12M) Dr. Crombie			Hep C team: 930am: Cathedral Cafe and 10am Willow's Place	
	Health on Wheels (10 am -1 PM) . Busche W/I	HEP C team: 9AM MASH	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)			
		NP Susan Cooke- RAAM @ Willows Place 9-12			YWC Youth Wellness Centre: 1-4 PM, Huang	
		NP Hallie Streith @ GSMC (1-4PM)	CMHA (1PM-4PM) Dr. Busche *	GSMC (1-4pm) Streith W/I	Hep C Team @ St. Patrick's 12-2:30	
			GSMC (1-4pm) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMHA	CMHA Street Team ST Patrick's 12-230 Street	
		NP Susan Cooke -RAAM @ Community 1-4PM	CMHA Street Team (8AM-1PM)- 541 Barton Street	Salvation Army (5-9PM) Spoljar W/I	Willows (1-4PM) Dr. Allaby	Dr. Bullock @ Notre Dame (1-4) *youth only*
		Hep C Team-12-2: Notre Dame	The Hamilton Clinic (1-4PM) Dr.Vona	GSMC (1-4PM) Streith W/I	FOOTCARE- 10 Pearl Street (1PM-4:30PM) Spoljar *	CMHA Street Team (8AM-12M)- 541 Barton Street
		Dr. Vona @ Salvation Army (W/I) (1-4PM)	SHN Clinic (1PM- 4PM) Dr. Saeed** New location	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
			Hep C Team: 1-3pm Helping Hands	Notre Dame (1-4PM) Streith ** Youth Only	The Hamilton Clinic (1PM- 4PM) Dr. Vona W/I	
		Public Health Nurse @ The HUB (1-4) (New Location 21 Rebecca St)	The HUB (1PM-4PM) Dr. Huang W/I	The HUB (1PM- 4PM) Dr. Meghani W/I	The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
			Vanier (1PM - 3PM) Dr. Crombie W/I			Vanier (1PM - 3PM) Dr. Crombie W/I
			YWCA (1-4) Dr. Yuanyi Song. W/I	Hep C Team: 1-3pm Helping Hands, and Mary's Place	Hep C team: 1-3pm Stipley Clinic	Vaccines- Dr. Kerry Beal Team @St Patt's Church 12:30-2:30PM
			NP Susan Cooke- RAAM @Barret/Community			YWCA (1-4) Dr. Yuanyi Song. W/I

Monday January 19		Tuesday January 20	Wednesday January 21	Thursday January 22	Friday January 23
A M	NP Hallie Streith @ GSMC (9-12)	MASH (9AM- 12:30PM) Dr. Rocci	GSMC (8am-1pm) Streith W/I		Dr. Kerry Beal @ Missions (W/I) (9-12)
	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)	Wayside (9AM – 12PM) Dr. Sergeant		Cathedral (8-12pm) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (9AM- 12PM) Dr. Vona W/I			
	Hep C Team @ Mission Services	Cathedral (9-12:30) Streith W/I	TCHC (9:30AM- 1:00PM) Dr. Kahlon	Indwell (9:30AM-12PM) Dr. Allaby	
		WSCU (9AM-12PM) Dr. Sender		CMHA (9-12:00M) Dr. Saeed*	
				Dr. Kerry Beal @ YMCA (W/I) (9-12)	
	NP Susan Cooke- RAAM @ Mary's Place 9-12	GSWS (9AM – 12PM) Dr. Del Bel Belluz	Hep C team: 930am HRIC Drop-in	GSMC (9AM - 12PM) Dr. Vona W/I	
		CMHA Street Team (8AM-12M)- 541 Barton St. and Encampments 1PM-4PM	Womankind (9-12pm) Bullock *For Residents at Womankind	NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street (Alex/Mike)
		Dorothy Day (9:00AM –12M) Dr. Crombie		Hep C team: 930am: Cathedral Cafe and 10am Willow's Place	
		HEP C team: 9AM HRIC Drop-in- 10 am Barton Library	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)		NP Susan Cooke- RAAM @ GSMC
P Mt	Health on Wheels (10 am -1 PM) . Busche W/I	NP Susan Cooke- RAAM @ Willows Place 9-12		YWC Youth Wellness Centre: 1-4 PM, Huang	
	NP Hallie Streith @ GSMC (1-4PM)	CMHA (1PM-4PM) Dr. Busche *		GSMC (2pm-4pm) Streith W/I	Hep C Team @ St. Patrick's 12-2:30
	Hep C Team-Urban Core 1pm Salvation Army , 1-3pm Urban Core	GSMC (1-4pm) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMHA	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick's 12-230 Street
	NP Susan Cooke -RAAM @ Community 1-4PM	CMHA Street Team (8AM-1PM)- 541 Barton Street	Salvation Army (5-9PM) Spoljar W/I	Willows (1-4PM) Dr. Allaby	Dr. Bullock @ Notre Dame (1-4) *youth only*
		The Hamilton Clinic (1-4PM) Dr.Vona	GSMC (1pm-4pm) Streith W/I	YWCA (1-4) Dr. Yuanyi Song. W/I	CMHA Street Team (8AM-12M)- 541 Barton Street
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		Vanier (1PM – 3PM) Dr. Crombie W/I	Hep C Team: Mary's Place	The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
		NP Susan Cooke- RAAM @Barret/Community	GSWS (1-4pm) Dr. Meghani	Vanier (1PM – 3PM) Dr. Crombie W/I	
				Hep C team: 1-3pm HAMSMaRT	Vaccines- Dr. Kerry Beal Team @St Patt's Church 12:30-2:30PM

Monday January 26		Tuesday January 27	Wednesday January 28	Thursday January 29	Friday January 30
A M	NP Hallie Streith @ GSMC (9-12)	MASH (9AM- 12:30PM) Dr. Rocci	GSMC (8-12pm) Streith W/I	GSWS (9AM-12M) Dr. Bana	Dr. Kerry Beal @ Missions (W/I) (9-12)
	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)	Wayside (9AM - 12PM) Dr. Sergeant	Hep C team: 930am: MASH-	Cathedral (8-12pm) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (off) Dr. Vona W/I			
	Hep C Team @ Mission Services	Cathedral (9-12:30) Streith W/I		Indwell (9:30AM-12PM) Dr. Allaby	Hep C Team @ WomanKind 930am
		WSCU (9AM-12PM) Dr. Opie		CMHA (9-12:00M) Dr. Saeed*	
				Dr. Tami Perrine @ YMCA (W/I) (9-12)	
	NP Susan Cooke- RAAM @ Mary's Place 9-12	GSWS (9AM - 12PM) Dr. Del Bel Belluz		GSMC (9AM - 12PM) Dr. Vona W/I	
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		Vanier (1PM - 3PM) Dr. Crombie W/I	Hep C Team: Helping Hands 1-3 Pm.	The HUB (1PM-4PM) Dr. Sameer. K W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
		NP Susan Cooke- RAAM @Barret/Community		Vanier (1PM - 3PM) Dr. Crombie W/I	
				Hep C team: 1-3pm HAMSMaRT	Vaccines- Dr. Kerry Beal Team @St Patt's Church 12:30-2:30PM

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- WSCU (Wesley Special Care Unit): 467 Main St E. Hamilton, ON L8N 1K1
- Willows - 196 Wentworth Street N. **Walk-in
- Youth Wellness Centre- Youth Wellness Centre: 38 James St S **walk-in
- YWCA- 75 Mc Nab St N
- YMCA - 79 James St S. W/I



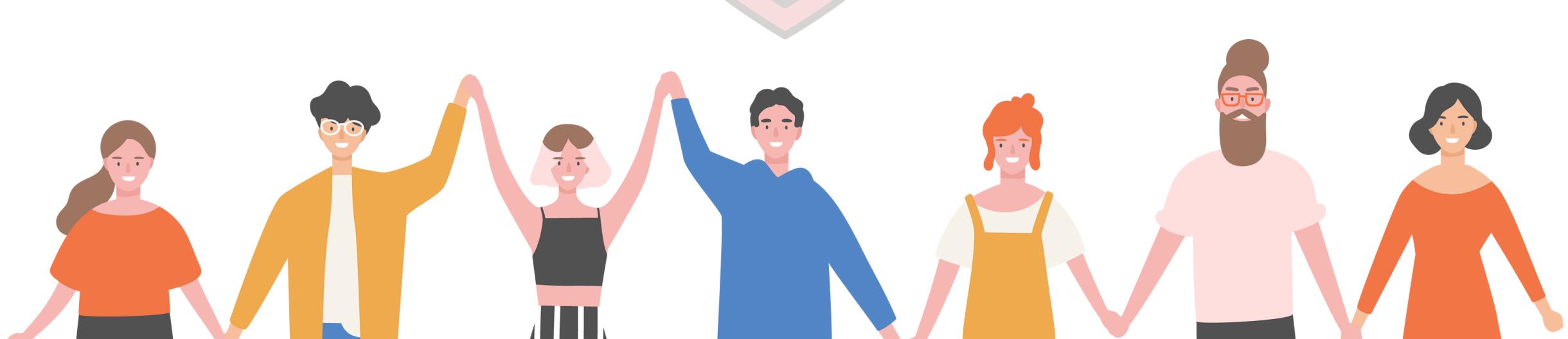
R.A.A.M CLINIC



We provide compassionate care for clients facing addiction, focusing on withdrawal management and detox. Our team is committed to creating a safe and supportive environment, helping individuals on their path to recovery.

SUSAN COOKE, NP.

 365-833-4635
 RAAM@gsch.ca



MOBILE MENTAL HEALTH WORKERS

Don't be afraid to ask for help

**Kathe Thomas
Alysha Bilodeau**

PCAAT@gsch.ca

Phone: 365-336-0581

