



Shelter Health Network SHN

Clinic locations are listed at the beginning and at the end of the monthly calendar.
Download this calendar in PDF or view it in full screen by clicking the icon.

OCTOBER

2025



Important Announcement SHN Head Office Relocation



Please note that as of **October 6, 2025**, the Shelter Health Network (**SHN**) **Head office will be relocating to a new address:**

 **370 Main St E., Hamilton, Ontario, L8N 1A2**
(2nd Floor)

Our phone, fax, and email will remain the same:

 Phone: **905-526-7137**

 Fax: **905-526-7969**

 Email: **admin@shelterhealthnetwork.ca**

Office hours: **Monday to Friday, 9:00 AM – 4:00 PM**

 Please note: **We will no longer be seeing clients at 850 King St E. From October 6, 2025.**

Thank you for your attention and support during this transition!



Temporary Relocation of Footcare Clinic



Please note that the **Footcare Clinic** will be temporarily relocated to:

10 Pearl St N Hamilton, ON L8R 2Y8

Phone: 905-777-8801

Mike Spoljar will continue as the **Footcare Specialist** during this period.

If you have any questions or concerns, please don't hesitate to contact us.

Our phone, fax, and email will remain the same:

☎ Phone: 905-526-7137

📠 Fax: 905-526-7969

✉ Email: admin@shelterhealthnetwork.ca

Thank you for your understanding!

CLINIC LOCATIONS

- Barrett Centre (crisis support) 128 Emerald St. ** 24/7 Crisis Line 905-529-7878
- CMHA (Canadian Mental Health Association): 131 John St. S. **appointment only
- Cathedral: 387 Main St. E. (Please enter from Emerald St. Doors **Walk-in
- Dorothy Day Place: 35 Arkledun Avenue
- GSMC (Good Shepherd Men's Centre - Men's shelter): 135 Mary St. **Walk-in
- GSWS (Good Shepherd Women's Services - Women's Shelter): 30 Pearl St. N **appointment only
- 250 Hess St. N - Tiffany and Barton- Tiny Homes.
- Indwell:
 - Parkdale Landing - 205 Melvin Avenue *by appointment
 - Strathearne Suites – 311 Strathearne *by appointment
- Mission (Mission Services): 400 King St E **walk-in
- MASH - 595 Main St E. Hamilton
- Notre Dame (Notre Dame House - youth shelter and outreach): 14 Cannon St. W **Walk-In
- Salvation Army Booth Centre (Men's Shelter): 94 York Blvd. **walk-ins
- **SHN Clinic (Shelter Health Network): 370 Main St. E. 2nd. Floor (temporary) ** Appointment only (HEAD OFFICE)**
- The Hamilton Clinic (Methadone clinic) 200 Main St. E (lower level). **Walk-in
- The HUB- Walk- In-Tuesday to Friday 1-4 PM - 21 Rebecca St.
- Vanier Towers 95 Hess St South, room 108 **Walk-in
- Womankind Addiction Service - 431 Whitney Ave, Hamilton
- WSCU (Wesley Special Care Unit): 467 Main St E. Hamilton, ON L8N 1K1
- Willows - 196 Wentworth Street N. **Walk-in
- Youth Wellness Centre- Youth Wellness Centre: 38 James St S **walk-in
- YWCA- 75 Mc Nab St N
- YMCA - 79 James St S. W/I

			WEDNESDAY OCTOBER 1	THURSDAY OCTOBER 2	FRIDAY OCTOBER 3
A M			GSMC (8am-12pm) Streith W/I		Dr. Kerry Beal @ Missions (W/I) (9-12)
				Cathedral (9-12:30PM) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
			Womankind (9-12pm) Bullock *For Residents at Womankind	Indwell (9-12) Dr. Allaby	Hep C Team @ Womankind 930AM
				541 Cafe (9-12:00M) Dr. Saeed*	
			TCHC (9:30AM- 12:30PM) Dr. Kahlon M.	GSMC (9-12:30) Dr. Vona W/I	
				NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street
			HEP C Team: 9am HRIC Drop-in 930 MASH	HEP C Team: Willow’s Place 10 AM	
			NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)		NP Susan Cooke- RAAM @ GSMC 9-12
P M				GSMC (1-4pm) Streith W/I	Hep C Team @ St. Patrick’s 12-2:30-
			CMHA Wound Clinic (1:00-4:00pm) CMHA	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick’s 12-230 Street
			Salvation Army (OFF) Spoljar W/I	YWCA (9-12) Dr. Yuanyi Song. W/I	Dr. Bullock @ Notre Dame (1-4) *youth only*
			Notre-Dame (1-4PM) Streith W/I	Willows (1-4PM) Dr. Allaby	CMHA Street Team (8AM-12M)- 541 Barton Street
			NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
				The Hamilton Clinic (1-4pm) Dr. Vona W/I	Vaccines- Dr. Kerry Beal Team @St Patt’s Church 12:30-2:30PM
			The HUB (1PM– 4PM) Dr. Henry W/I	The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. Sameer. K
			GSWS (1-4pm) Dr. Meghani	Footcare Clinic 850 King Street E. Mike Spoljar. 130PM-4:00PM	

	MONDAY OCTOBER 6	TUESDAY OCTOBER 7	WEDNESDAY OCTOBER 8	THURSDAY OCTOBER 9	FRIDAY OCTOBER 10
A M	NP Hallie Streith @ GSMC (8AM-12:30PM)	MASH (9AM– 12:30PM) Dr. Rocci		GSWS (9AM-12M) Dr. Bana	Dr. Kerry Beal @ Missions (W/I) (9-12)
	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)	Wayside (9AM – 12PM) Dr. Sergeant	GSMC (8am-12pm) Streith W/I	Cathedral (9-12:30PM) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (9am-12pm) Dr. Vona W/I			
	Hep C Team @ Mission Services & Dorothy Day @10AM	Cathedral (9-12:30) Streith W/I	Womankind (9-12pm) Bullock *For Residents at Womankind	Indwell (9-12) Dr. Allaby	Hep C Team @ Womankind 930AM
		WSCU (9AM-12PM) Dr. Opie		CMHA (9-12:00M) Dr. Saeed*	
		Dr. Beal @ YMCA (W/I) (9-12)			
	NP Susan Cooke- RAAM @ Mary’s Place 9-12	GSWS (9AM – 12PM) Dr. Del Bel Belluz		GSMC (9-12:30) Dr. Vona W/I	
		CMHA Street Team (8AM-12M)- 541 Barton St. and Encampments 1PM-4PM	HEP C Team: 9am HRIC Drop-in 930 MASH	NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street
		Dorothy Day (9:00AM –12M) Dr. Crombie		Hep C Team @ Willows P. 930AM	
		Hep C Team - Positive Health Network 10AM 1-3pm HAMSMaRT 2pm Stipley Clinic	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)	YWCA (9-12) Dr. Busche K. W/I	NP Susan Cooke- RAAM @ GSMC 9-12
		NP Susan Cooke- RAAM @ Willows Place 9-12			
P M	NP Hallie Streith @ GSMC (1-4PM)	CMHA (1PM-4PM) Dr. Busche *	Notre Dame (1-4PM) Streith ** Youth Only	GSMC (1-4pm) Streith W/I	Hep C Team @ St. Patrick’s 12-2:30- Club Hamilton
		GSMC (1PM- 4PM) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMH	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick’s 12-230 Street
	NP Susan Cooke -RAAM @ Community 1-4PM	CMHA Street Team (8AM-1PM)- 541 Barton Street	Salvation Army (5-9PM) Spoljar W/I	<u>INCOME CLINIC-12:30-4:30PM. DBHSC 100 Main St. W (2nd floor)</u>	Dr. Bullock @ Notre Dame (1-4) *youth only*
	Hep C Team- Notre Dame 12-2PM. And Salvation Army @1PM Urban Core 1-3pm	The Hamilton Clinic (1-4pm) Dr.Vona		Willows (1-4PM) Dr. Allaby	CMHA Street Team (8AM-12M)- 541 Barton Street
	Dr. Vona @ Salvation Army (W/I) (1-4PM)	SHN Clinic (OFF) Dr. Saeed* New location	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
		NP Susan Cooke- RAAM Community		The Hamilton Clinic (1-4pm) Dr. Vona W/I	Vaccines- Dr. Kerry Beal Team @St Patt’s Church 12:30-2:30PM
	Public Health Nurse @ The HUB (1-4)	The HUB (1PM-4PM) Dr Huang. J. W/I	The HUB (1PM– 4PM) Dr.. Meghani W/I	The HUB (1PM-4PM) Dr. DeKraker C. W/I	The HUB (1PM-4PM) Dr. Sameer. K
		Vanier (1PM – 3PM) Dr. Crombie W/I		YWCA (9-12) Dr. Yuanyi Song. W/I	
		YWCA - Meghani (100-4PM) W/I		Vanier (1PM – 3PM) Dr. Crombie W/I	

	MONDAY OCTOBER 13	TUESDAY OCTOBER 14	WEDNESDAY OCTOBER 15	THURSDAY OCTOBER 16	FRIDAY OCTOBER 17
A M		MASH (9AM– 12:30PM) Dr. Rocci	GSMC (OFF) Streith W/I	GSWS (10:00AM-1 00PM) Dr Agarwal.	Dr. Kerry Beal @ Missions (W/I) (9-12)
		Wayside (9AM – 12PM) Dr. Sergeant		Cathedral (OFF) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (OFF) Dr. Vona W/I	Hep C Team-930 MASH		
		WSCU (9AM-12PM) Dr. Sender		Indwell (9-12) Dr. Allaby	
		Cathedral (OFF) Streith W/I			Hep C Team @ Six Nations 10-12PM
		Dr. Perrine Tami @ YMCA (W/I) (9-12)	TCHC (9:30AM- 12:30PM) Dr. Kahlon M.	CMHA (9-12:00M) Dr. Saeed*	
		GSWS (9AM – 12PM) Dr. Del Bel Belluz		GSMC (OFF) Dr. Vona W/I	
		Dorothy Day (9:00AM –12M) Dr. Crombie			
		CMHA Street Team (8AM-12M)- 541 Barton St. and Encampments 1PM-4PM	Womankind (9-12pm) Bullock *For Residents at Womankind	NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street (Alex/Mike)
		HEP C team: 10am Street Outreach Central library	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)	YWCA (9-12) Dr. Busche K. W/I	NP Susan Cooke- RAAM @ GSMC
P M		NP Susan Cooke- RAAM @ Willows Place 9-12		Hep C team: 9am HRIC Drop-in 10am Willow’s Place	
		CMHA (1PM-4PM) Dr. Busche *	Hep C Team-1-3PM Mary’s Place	GSMC (OFF) Streith W/I	Hep C Team @ St. Patrick’s 12-2:30- Club Hamilton 12-2PM -
		GSMC (OFF) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMH	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick’s 12-230 Street
		CMHA Street Team (8AM-1PM)- 541 Barton Street (Alex/Mike)	Salvation Army (5-9PM) Spoljar W/I	Willows (1-4PM) Dr. Allaby	Dr. Bullock @ Notre Dame (1-4) *youth only*
		The Hamilton Clinic (OFF) Dr.Vona	Notre Dame (OFF) Streith ** Youth Only	YWCA (9-12) Dr. Yuanyi Song. W/I	CMHA Street Team (8AM-12M)- 541 Barton Street
		SHN Clinic (1PM- 4PM) Dr. Saeed** New location	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
		YWCA (1-4pm) Dr. Meghani	GSWS (1-4pm) Dr. Meghani	The Hamilton Clinic (OFF) Dr. Vona W/I	
		The HUB (1PM-4PM) Dr. Huang W/I	The HUB (1PM-4PM) Dr. Henry S. W/I	The HUB (1PM-4PM) Dr. Guenter D. W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
		Vanier (1PM – 3PM) Dr. Crombie W/I		Vanier (1PM – 3PM) Dr. Crombie W/I	
		NP Susan Cooke- RAAM @Barret/Community	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) 12-3PM	Footcare Clinic 10 Pearls St. . Mike Spoljar. 130PM-4:00PM	Vaccines- Dr. Kerry Beal Team @St Patt’s Church 12:30-2:30PM

MONDAY OCTOBER 20		TUESDAY OCTOBER 21	WEDNESDAY OCTOBER 22	THURSDAY OCTOBER 23	FRIDAY OCTOBER 24
A M	NP Hallie Streith @ GSMC (9-12)	MASH (9AM– 12:30PM) Dr. Rocci	GSMC (8am-12pm) Streith W/I	GSWS (9AM-12M) Dr.Bana	Dr. Kerry Beal @ Missions (W/I) (9-12)
	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)	Wayside (9AM – 12PM) Dr. Sergeant		Cathedral (9AM-12M) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (9AM– 12PM) Dr. Vona W/I	Hep C Team-@ 9am HRIC Drop-in		
	Hep C Team @ Mission Services & Dorothy Day @10AM	Cathedral (9-12:30) Streith W/I		Indwell (9:30AM-12PM) Dr. Allaby	Hep C Team @ WomanKind 930am
		WSCU (9AM-12PM) Dr. Opie		CMHA (9-12:00M) Dr. Saeed*	
		Dr. Beal @ YMCA (W/I) (9-12)			
	NP Susan Cooke- RAAM @ Mary’s Place 9-12	GSWS (9AM – 12PM) Dr. Del Bel Belluz		GSMC (9AM - 12PM) Dr. Vona W/I	
		CMHA Street Team (8AM-12M)- 541 Barton St. and Encampments 1PM-4PM	Womankind (9-12pm) Bullock *For Residents at Womankind	NP Susan Cooke- RAAM @ Notre Dame	CMHA Street Team (8AM-1PM)- 541 Barton Street (Alex/Mike)
	TCHC (9:30AM- 1:00PM) Dr. Kyla Sorensen*	Dorothy Day (9:00AM –12M) Dr. Crombie		Hep C team: 10-12pm Str Outreach Barton Lib	
		HEP C team: 10am Street Outreach Barton Library	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)	YWCA (9-12) Dr. Busche K. W/I	NP Susan Cooke- RAAM @ GSMC
		NP Susan Cooke- RAAM @ Willows Place 9-12			
P Mt	NP Hallie Streith @ GSMC (1-4PM)	CMHA (1PM-4PM) Dr. Busche *		GSMC (1-4PM) Streith W/I	Hep C Team @ St. Patrick’s 12-2:30- Club Hamilton 12-2PM
		GSMC (1-4pm) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMHA	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick’s 12-230 Street
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	Hep C Team- Notre Dame 12-2PM. And Salvation Army @1PM Urban Core 1-3pm	The Hamilton Clinic (1-4PM) Dr.Vona	GSMC (1-4PM) Streith W/I	Willows (1PM-4PM) Dr. Meghani.	CMHA Street Team (8AM-12M)- 541 Barton Street
	Dr. Vona @ Salvation Army (W/I) (1-4PM)	SHN Clinic (1PM- 4PM) Dr. Saeed** New location	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Dorothy Day Place	NP Susan Cooke- RAAM @ Cathedral & Community
		YWCA (1PM – 4PM) Dr. Meghani. W/I	Notre Dame (1-4PM) Streith ** Youth Only	The Hamilton Clinic (1PM- 4PM) Dr. Vona W/I	
	Public Health Nurse @ The HUB (1-4) (New Location 21 Rebecca St)	The HUB (1PM-4PM) Dr. Huang W/I	The HUB (1PM– 4PM) Dr. Meghani W/I	The HUB (1PM-4PM) Dr. Guenter D. W/I	The HUB (1PM-4PM) Dr. Sameer. K W/I
		Vanier (1PM – 3PM) Dr. Crombie W/I		Vanier (1PM – 3PM) Dr. Crombie W/I	
		Hep C team. 4-6PM. CTS		Hep C team: HAMSMaRT 1-3PM	Vaccines- Dr. Kerry Beal Team @St Patt’s Church 12:30-2:30PM
		NP Susan Cooke- RAAM @Barret/Community		YWCA (9-12) Dr. Yuanyi Song. W/I	

Monday October 27		Tuesday October 28	Wednesday October 29	Thursday October 30	Friday October 31
A M	NP Hallie Streith @ GSMC (9-12)	MASH (9AM– 12:30PM) Dr. Rocci	GSMC (8am-12pm) Streith W/I	GSWS (9AM-12M) Dr.Bana	Dr. Kerry Beal @ Missions (W/I) (9-12)
	Dr. Kerry Beal @ 250 Hess St. N. (Tiny Homes) (9AM-1PM)	Wayside (9AM – 12PM) Dr. Sergeant		Cathedral (9AM-12M) Streith W/I	Dr. Bullock @ Womankind (9-12) *residents only*
		Mission (9AM– 12PM) Dr. Vona W/I	930am MASH 9am HRIC Drop-in		
	Hep C Team @ Mission Services & Dorothy Day @10AM	Cathedral (9-12:30) Streith W/I		Indwell (9:30AM-12PM) Dr. Allaby	Hep C Team @ Six Nations 10-12PM
		WSCU (9AM-12PM) Dr. Sender		CMHA (9-12:00M) Dr. Saeed*	
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	TCHC (9:30AM- 1:00PM) Dr. Kyla Sorensen*	Dorothy Day (9:00AM –12M) Dr. Crombie		Hep C team: Willows Place 10 AM	
		HEP C team: 10am Positive Health Network	NP Susan Cooke- RAAM @ Tiffany and Barton @ 250 Hess St. N. (Tinny Homes) (9AM-1PM)	YWCA (9-12) Dr. Busche K. W/I	NP Susan Cooke- RAAM @ GSMC
		NP Susan Cooke- RAAM @ Willows Place 9-12			
P Mt	NP Hallie Streith @ GSMC (1-4PM)	CMHA (1PM-4PM) Dr. Busche *		GSMC (1-4PM) Streith W/I	Hep C Team @ St. Patrick’s 12-2:30- Club Hamilton 12-2PM - MCFN 1-3PM
	Hep C Team-Urban Core 1-3pm	GSMC (1-4pm) Streith W/I	CMHA Wound Clinic (1:00-4:00pm) CMHA	CMHA (1-4PM) Dr. Saeed*	CMHA Street Team ST Patrick’s 12-230 Street
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		NP Susan Cooke- RAAM @Barret/Community	GSWS (1-4pm) Dr. Meghani	YWCA (9-12) Dr. Yuanyi Song. W/I	Vaccines- Dr. Kerry Beal Team @St Patt’s Church 12:30-2:30PM

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- WSCU (Wesley Special Care Unit): 467 Main St E. Hamilton, ON L8N 1K1
- Willows - 196 Wentworth Street N. **Walk-in
- Youth Wellness Centre- Youth Wellness Centre: 38 James St S **walk-in
- YWCA- 75 Mc Nab St N
- YMCA - 79 James St S. W/I



R.A.A.M CLINIC



We provide compassionate care for clients facing addiction, focusing on withdrawal management and detox. Our team is committed to creating a safe and supportive environment, helping individuals on their path to recovery.

SUSAN COOKE, NP.



365-833-4635



RAAM@gsch.ca



MOBILE MENTAL HEALTH WORKERS

Don't be afraid to ask for help

Kathe Thomas
Alysha Bilodeau

PCAAT@gsch.ca

Phone: 365-336-0581

